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Subject: NORRISTOWN AREA AQUATIC CLUB  
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# NORRISTOWN AREA AQUATIC CLUB TOM MCMANUS HARVEST MEET

Sanctioned by the S.A.L & "Accepted Meet" Mid-Atlantic Swimming

Place:	Norristown Area High School			
Date:	Saturday, November 28, 2009			
Time:	Boys Warm-up	7:45 AM	Girls Warm-up	
12:00 PM				
	Meet starts	9:00 AM	Meet starts	1:00
PM				

Refreshments will be available. Snack bar will open at 7:00 AM - - coffee, juice and donuts will be available at that time. **NEW THIS YEAR, CHICK-FIL-A FOR BREAKFAST AND LUNCH.** T-Shirts will be on sale in the pool lobby.

Eligibility is determined by the age of the swimmer on October 31, 2009. SAL swimmers 14&Under as well as area YMCA Team swimmers 14&Under can swim at the Harvest Meet.

**POOL** 25 Meter, 6 Lane

**AWARDS** Medals for 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> place  
Double ribbons for 4<sup>th</sup>, 5<sup>th</sup> and 6<sup>th</sup> place  
Ribbons for 7<sup>th</sup> through 18<sup>th</sup> place

Participation ribbons for all swimmers

**FEE** **\$4.00 per event (check made out to N.A.A.C.)**  
Check must accompany all entries.

**ENTRIES** All entries (submit as yard times) must be in the hands of the Meet Director  
no later than **8:00 PM on Friday, November 6<sup>th</sup>** -Entry file can be downloaded from  
SAL website under Invitationals. Entries must be submitted on disk or e-mailed to Tim Purcell:  
SVAL\_Registrar@comcast.net

**EACH SWIMMER IS LIMITED TO FOUR (4) EVENTS!**

THERE WILL BE A TEAM TROPHY AWARDED TO THE FIRST PLACE TEAM  
TOP 10 SCORES POINTS TOWARD THIS TEAM TROPHY

**EVENT WORKERS**  
information to follow

Each club will be asked to supply timers for the event,  
closer to the event.

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The Norristown Area Aquatic Club is interested in planning a quality meet. Therefore, we would appreciate it if you would call the Meet Director to let them know if your team is planning to participate or if you are not participating. Please call no later than Friday, October 30, 2009.

Meet Director: Brett Tounge 215-793-4344  
1014 Blue Rock Lane, Blue Bell, PA 19422  
E-Mail: btounge@yahoo.com

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### **SUMMARY SHEET FOR NORRISTOWN HARVEST MEET**

Club Name \_\_\_\_\_

If boys & girls are mailing entries separately you need to fill out the information that pertains to your entries.

Boy's Coach \_\_\_\_\_ Phone No. \_\_\_\_\_ e-mail  
address \_\_\_\_\_

Girl's Coach \_\_\_\_\_ Phone No. \_\_\_\_\_ e-mail  
address \_\_\_\_\_

Boy's Contact Person \_\_\_\_\_ Phone No. \_\_\_\_\_ e-mail  
address \_\_\_\_\_

Girl's Contact Person \_\_\_\_\_ Phone No. \_\_\_\_\_ e-mail  
address \_\_\_\_\_

Boy's Results \_\_\_\_\_ Phone No. \_\_\_\_\_ e-mail  
address \_\_\_\_\_

Girl's Results \_\_\_\_\_ Phone No. \_\_\_\_\_ e-mail  
address \_\_\_\_\_

Person responsible to receive e-mailed Meet Results.

# of Boy Swimmers \_\_\_\_\_ #Individual Boy Events \_\_\_\_\_ x \$4.00 =  
\$ \_\_\_\_\_

# of Girl Swimmers \_\_\_\_\_ #Individual Boy Events \_\_\_\_\_ x \$4.00 =  
\$ \_\_\_\_\_

**Total Amount Enclosed**

\$ \_\_\_\_\_

## **Make Check Payable to NAAC**

### **Mail Check & Disk entries to Meet Director:**

Brett Tounge  
1014 Blue Rock Lane  
Blue Bell, PA. 19422

Phone –215-793-4344, e-mail: btounge@yahoo.com

### **Send E-Mail entries to:**

**Tim Purcell**  
**SVAl\_Registrar@comcast.net**

Phone – 484-231-8550

**THANK YOU!!!**

## **NORRISTOWN HARVEST MEET**

**Boys: Morning Session Warm-Up 7:45 AM Start: 9:00 AM**

**Girls: Afternoon Session Warm-Up 12:00 PM Start: 1:00 PM**

<b>EVENTS:</b>	<b>BOYS Event#</b>	<b>GIRLS Event#</b>
<b>8&amp;U 25 Freestyle</b>	<b>1</b>	<b>2</b>
<b>10&amp;U 50 Freestyle</b>	<b>3</b>	<b>4</b>
<b>8&amp;U 50 Freestyle</b>	<b>5</b>	<b>6</b>
<b>12&amp;U 100 Freestyle</b>	<b>7</b>	<b>8</b>
<b>14&amp;U 100 Freestyle</b>	<b>9</b>	<b>10</b>
<b>10&amp;U 100 Freestyle</b>	<b>11</b>	<b>12</b>
<b>8&amp;U 25 Breaststroke</b>	<b>13</b>	<b>14</b>
<b>10&amp;U 50 Breaststroke</b>	<b>15</b>	<b>16</b>
<b>12&amp;U 50 Breaststroke</b>	<b>17</b>	<b>18</b>

<b>14&amp;U 100 Breaststroke</b>	<b>19</b>	<b>20</b>
<b>10&amp;U 100 IM</b>	<b>21</b>	<b>22</b>
<b>12&amp;U 100 IM</b>	<b>23</b>	<b>24</b>
<b>14&amp;U 200 IM</b>	<b>25</b>	<b>26</b>
<b>8&amp;U 25 Backstroke</b>	<b>27</b>	<b>28</b>
<b>10&amp;U 50 Backstroke</b>	<b>29</b>	<b>30</b>
<b>12&amp;U 50 Backstroke</b>	<b>31</b>	<b>32</b>
<b>14&amp;U 100 Backstroke</b>	<b>33</b>	<b>34</b>
<b>8&amp;U 25 Butterfly</b>	<b>35</b>	<b>36</b>
<b>10&amp;U 50 Butterfly</b>	<b>37</b>	<b>38</b>
<b>12&amp;U 50 Butterfly</b>	<b>39</b>	<b>40</b>
<b>14&amp;U 100 Butterfly</b>	<b>41</b>	<b>42</b>
<b>12&amp;U 50 Freestyle</b>	<b>43</b>	<b>44</b>
<b>14&amp;U 50 Freestyle</b>	<b>45</b>	<b>46</b>