

UPPER MERION AQUATIC CLUB
MARLINS
LAST CHANCE INVITATIONAL MEET
JANUARY 23, 2010

Place: Upper Merion High School
Date: Saturday, January 23, 2010
Time: 8&U Warm Up 7:15 AM
10&U Meet Start 8:30 AM

12&U Warm Up 12:45 PM
14&U Meet Start 2:00 PM
Unlimited

Fly-over starts will be used for afternoon session, and 10&U events for the morning session

(Exact warm up time & lane assignments will be determined at a later date.)

Refreshments will be available all day. Snack Bar will open at 7:00 AM. Breakfast and lunch items will be available all day.

Eligibility is determined by the age of the swimmer on October 31, 2008. Each swimmer must be a registered member of the SAL.

AWARDS: Medals 1st to 3rd
Ribbons 6th to 18th
Heat & Participation Ribbons for AM session only (unless requested)

Fees: \$4.00 per event. Each swimmer is limited to **FOUR** events.
One team check must accompany your entry.
Checks must be payable to "UMAC".

Entries: ALL ENTRIES MUST BE RECEIVED BY 5:00 PM FRIDAY, JANUARY 15, 2010. **LATE ENTRIES WILL NOT BE ACCEPTED AFTER STATED DEADLINE.** Entries may be sent via e-mail but are not considered eligible until the payment is received. Entries must be submitted using Team Manager or Meet Manager. Please specify format when sending entries

UMAC reserves the right to limit the number of entries and/or alter the warm up & start times to insure a quality run meet.

Send all entries to: Last Chance Meet
c/o Corey Besz
579 General Learned Rd
King of Prussia, PA 19406
Phone: (610) 265-0294
E-mail: cbesz@umasd.org

Please direct all inquiries to: Last Chance Meet Directors
Leslie Bowes
Email (preferred): elbows1234@comcast.net
Phone: 610-688-1469

- Each team is asked to supply 1 Timer per session.
- Times from this meet may be used in any Middle Atlantic Swimming Meet.

THANK YOU!!

Last Chance Meet Order of Events

Morning Session

1	Woman	8 & U	25 Free
2	Men	8 & U	25 Free
3	Woman	9-10	100 Free
4	Men	9-10	100 Free
5	Woman	8 & U	25 Back
6	Men	8 & U	25 Back
7	Woman	9-10	50 Back
8	Men	9-10	50 Back
9	Woman	8 & U	25 Breast
10	Men	8 & U	25 Breast
11	Woman	9-10	50 Breast
12	Men	9-10	50 Breast
13	Woman	8 & U	25 Fly
14	Men	8 & U	25 Fly
15	Woman	9-10	50 Fly
16	Men	9-10	50 Fly
17	Woman	8 & U	50 Free
18	Men	8 & U	50 Free
19	Woman	9-10	50 Free
20	Men	9-10	50 Free
21	Woman	9-10	100 IM
22	Men	9-10	100 IM

Afternoon Session

23	Woman	11-12	100 Free
24	Men	11-12	100 Free
25	Woman	13-14	100 Free
26	Men	13-14	100 Free
27	Woman	15 & O	200 Free
28	Men	15 & O	200 Free
29	Woman	11-12	50 Back
30	Men	11-12	50 Back
31	Woman	13-14	100 Back
32	Men	13-14	100 Back
33	Woman	15 & O	100 Back
34	Men	15 & O	100 Back
35	Woman	11-12	50 Breast
36	Men	11-12	50 Breast
37	Woman	13-14	100 Breast
38	Men	13-14	100 Breast
39	Woman	15 & O	100 Breast
40	Men	15 & O	100 Breast
41	Woman	11-12	50 Fly
42	Men	11-12	50 Fly
43	Woman	13-14	100 Fly
44	Men	13-14	100 Fly
45	Woman	15 & O	100 Fly
46	Men	15 & O	100 Fly
47	Woman	11-12	50 Free
48	Men	11-12	50 Free
49	Woman	13-14	50 Free
50	Men	13-14	50 Free
51	Woman	15 & O	100 Free
52	Men	15 & O	100 Free
53	Woman	11-12	100 IM
54	Men	11-12	100 IM
55	Woman	13-14	200 IM
56	Men	13-14	200 IM
57	Woman	15 & O	200 IM
58	Men	15 & O	200 IM